

### WHO CAN USE THE PCC?

Counseling services are available to all full-time undergraduate students at Providence College. We also offer referral and brief consultation services to all members of the Providence College community, including graduate students, and the school of continuing education.

### HOW MUCH DOES IT COST?

Counseling services are provided to students free of charge.

### SAFETY AND RESPECT

At the Personal Counseling Center, we seek to foster an environment that affirms diversity, by promoting awareness, safety, and respect for the God given dignity of all.

### WHEN I AM READY, HOW DO I GET STARTED?

Contact the counseling center for an appointment 401-865-2343 or stop in our office. Intake forms are located on the PCC website.

### LOCATION AND HOURS:

- Lower level of Bedford Hall
- Monday through Friday: 8:30 am -4.30 pm.  
Evening hours available by appointment only.

### IN CASE OF AN EMERGENCY, WHAT DO I DO?

In case of an emergency during regular business hours, you can call the PCC at 401-865-2343. You can also call Public Safety at 401-865-2222.

### ADDITIONAL CAMPUS RESOURCES:

- Dean of Students: 401-865-1782
- Health Services: 401-865-2442
- Moore Hall
- SHEPARD Club (Stopping Homophobia Eliminating Prejudice and Restoring Dignity) Campus Ministry/Chaplain: 401-865-2216
- Public Safety: 401-865-2222 (Emergency)
- PC Day One Advocate: 401-865-1177

### CONTACT US:

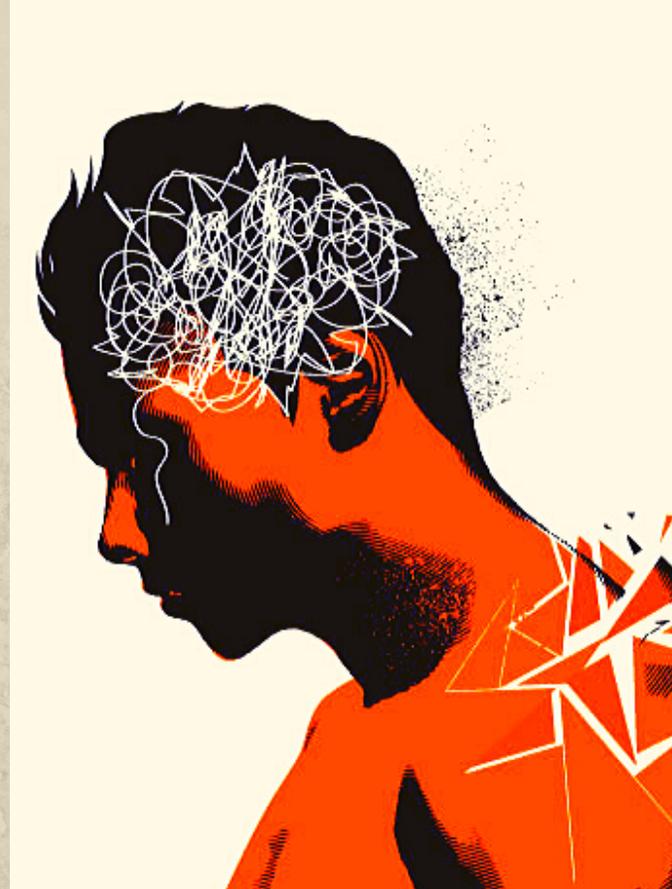
Phone: 401-865-2343

Fax: 401-865-1343

*"Hope is being able to see that there is light despite all of the darkness."*

*-Desmond Tutu*

References: Active Minds;  
MentalHealthAmerica.net;  
and National Institute of Mental Health



# The Personal Counseling Center Services for Men



**PROVIDENCE  
COLLEGE  
PERSONAL  
COUNSELING  
CENTER**